

# EYFS Topic Newsletter 2022 Spring Term 1 Topic

This half term our project is the Starry Night, your child will explore the differences between the world at night time compared with daytime, through a range of exciting and creative activities. They will find out about nocturnal animals and how they find food when it is dark. They will find out about people who work at night and the different jobs that people do when we are asleep. They will discuss bedtime routines and the importance of a good night's sleep. They will explore the night sky and find out about the Moon and stars.

## Supporting your child at home

- Look at the night sky and see how many stars you can see each night.
- See how the Moon changes shape each night.
- Go on a short walk after dark or go into the garden. Take a torch to light the way. Discuss how things look different in the dark.
- Share and discuss the Did you know? resource.

## Did you know?



At night time it is dark. Most people sleep at night time.



It is important to get a good night's sleep every night.



Some people work at night, like members of the emergency services.



Some animals sleep in the day and are awake at night. They are known as nocturnal animals.



Bats, owls, foxes and badgers are nocturnal animals.



We live on a planet called Earth. It gets dark at night because our part of the Earth is facing away from the sun.

## Key vocabulary



Explore these words together. Talk with an adult about what each word means and use the words in a sentence or as you play.



badger



bat



bedtime



dark



daytime



Earth



emergency services



fox



light



Moon



night time



nocturnal



owl



planet



sleep



stars



Sun